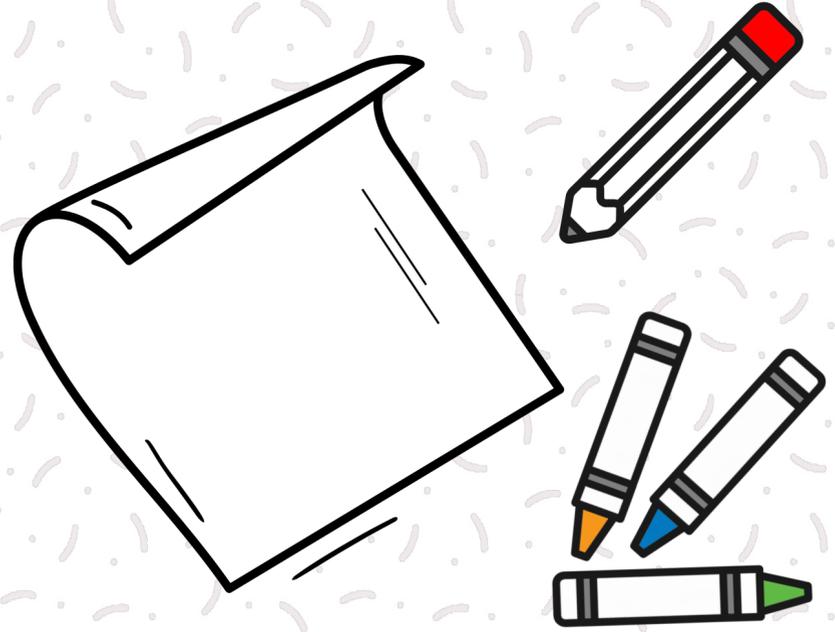


Mirror of Compliments

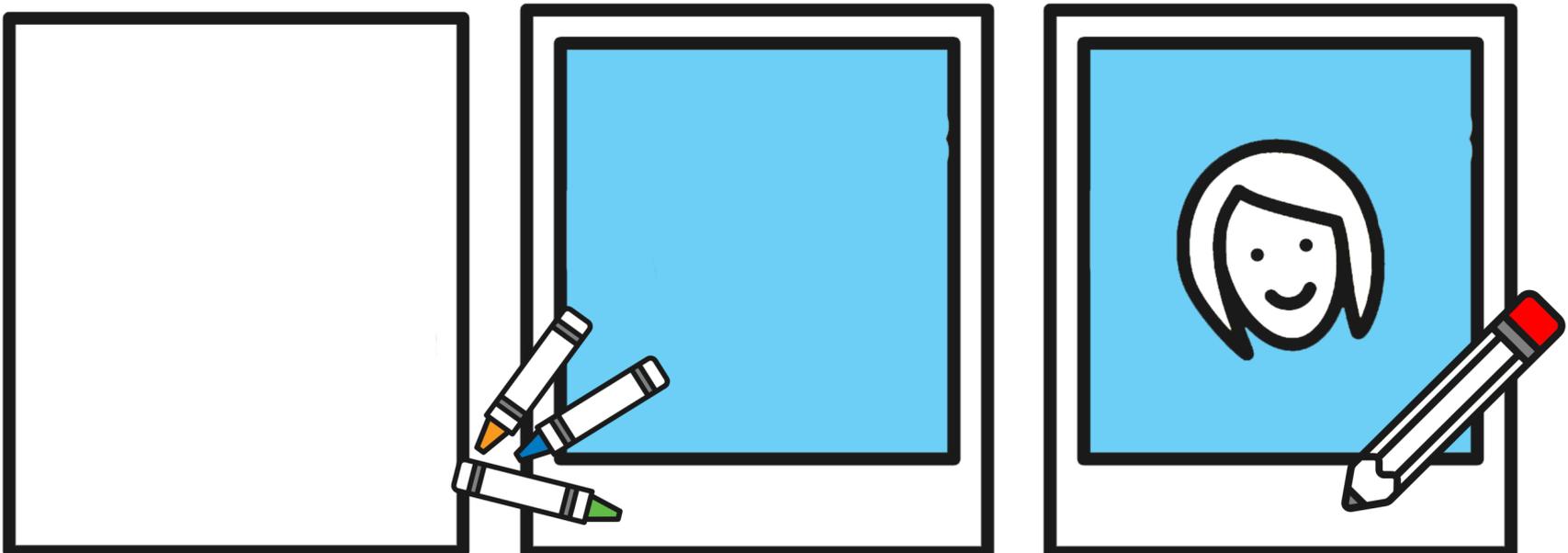
Things you will need:

- Paper
- Pens or colouring pencils



How to make a mirror of compliments...

- On a piece of paper draw a mirror shape.
- Then draw or stick a picture of yourself.
- In the frame write down all the positives about yourself.
- Ask other people to add to the 'mirror' like friends, family members or your teacher.



You should be able to fill the frame with all the different qualities or what makes you special. This will give you a visual reminder of your qualities.